

Post Operative Instructions for LTK

The day of your surgery

After surgery, most patients experience general scratchiness and foreign-body-in-the-eye sensation, with some tearing. Some pain or discomfort is normal and does not mean anything is wrong. It is not unusual for your eyelid to be slightly swollen or even droop a little. Bright light may be bothersome.

Vision after surgery

Expect your vision to fluctuate during the healing process. Fluctuation will occur during the first 3 months of healing. **1 day postoperative appointment, you will need to arrange to have a driver.**

Required Medications

It is important to follow the instructions on your medications exactly. Any prescription medication may have severe side effects if used other than prescribed .

* **Ciloxan antibiotic drops. (Prescription will be given)** One drop 4 times a day for 5 days (breakfast, lunch, dinner, and bedtime). Use 5 minutes apart from any other drop. Instill one drop inside the pulled-out lower eyelid of each eye.

* **Artificial tears, preservative-free lubricating drops.** 4 times a day for the first month. 2 boxes of samples will be provided. They may be purchased over the counter at most drug stores.

Optional Medication

* **Voltaren pain drop. (Prescription will be given.)** 2 times a day **FIRST DAY ONLY.** Instill inside the pulled-out lower lid of operated eye. **Throw away medication after 1st day use.**

REMINDERS FOR LTK

*** NO RUBBING OR SQUEEZING EYES FOR ONE MONTH**

- * Wear the eye shields while sleeping for 7 days following surgery. If necessary, you may tape the shields in place.
- * You may shower and shampoo, but keep your eyes closed for the first two weeks risk of infection.
- * Sunglasses will be provided on the day of surgery, wear them indoors and outdoors for the full day after your surgery. Remove only to do medications or sleeping then use eye shields.

**For any questions about the surgery, your eye, or the use of medications,
please call 408-296-1010**